



**TAMIL NADU FOREST UNIFORMED SERVICES RECRUITMENT COMMITTEE**  
8<sup>th</sup> Down Floor, Panagal Maaligai, No.01, Jeenis Road, Saidapet, Chennai-600 015.

**Website :www.forests.tn.gov.in Phone No.044-24341251.**

**Instructions to Candidates for Endurance Test for the posts of Forester**  
**&**  
**Forest Guard/Forest Guard with Driving Licence**  
**(Sports & Ex-serviceman Quota Only)**

(Advertisement No.01/2018, dated 06.10.2018 and Notification No.01 & 02)

- Endurance Test will be conducted at AAZP, Vandalur (Vandalur Zoo) on 26<sup>th</sup> February, 2019 in single session.(Reporting Time 6.00 AM)
- Distance for Endurance Test for Male Candidates is 25 Km and it is to be completed in 4 (Four) hours.
- Distance for Endurance Test for Female Candidates is 16 Km and it is to be completed in 4 (Four) hours.
- It is a Chip based test. Time will be recorded automatically by the chip attached to bib and computer. Candidates are advised not to tinker with the chip.
- The Bib with chip will be distributed at the test venue on the day of Endurance Test.
- Endurance Test will start in batches in a staggered manner in a group of 200 from 7.00 AM with a time gap of few minutes.
- Time for each candidate will be calculated separately. It will start once he/she crosses the start pad and stop once he/she crosses finish pad at start and finish lines respectively.
- Endurance Test will be conducted over a circular loop of 2.5 km. Lap count, time and distance will be done by the system.
- For the benefit of candidates, for counting laps, tokens of different colors with lap number will be there. Candidates have to take correct token with correct lap number for their convenience. (But token will not be used for counting the distance or lap officially. Only system generated timing and distance will be considered officially.)
- The male candidates shall also receive SMS alerts on their Registered Mobile Number on start of 8<sup>th</sup>, 9<sup>th</sup> & 10<sup>th</sup> lap. The female candidates shall also receive SMS alerts on their Registered Mobile Number on start of 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> lap.
- Water, glucose, ORS and banana etc. will be available for refreshment.

- Candidates can carry smart-phones, smart watches for knowing their timing and distance related statistics.
- The Endurance Test tract (2.5 km) is under CCTV surveillance. The movements of candidates will be under constant monitoring.
- The Candidates can wear any decent dress of their choice with comfortable footwear. (optional).
- The Endurance Test shall be conducted for all genders simultaneously.
- The Endurance Test tract is a tar road.

Member Secretary, TNFUSRC